

Use and maintenance of the InCare Extended Wear Leg Bag



For Indwelling Catheter Drainage

The Hollister InCare Leg Bag System provides a non-latex, sterile fluid pathway ideal for urine drainage from an indwelling catheter. The thick, durable, soft vinyl construction and strategic reinforcement provides extended wear times with maximum comfort. Pleated sides increase the capacity whilst maintaining a discreet size.

- 1 Connect G9000 Sterile Tubing to the InCare Leg Bag of choice.
- 2 Connect G9000 Sterile Tubing to indwelling catheter.
- 3 Attach fabric Leg Bag Straps to accommodate either horizontal or vertical placement on thigh or calf.
- 4 For night drainage attach an adaptor to end of Leg Bag for connection to night bag.
- 5 After connecting the night bag to the Leg Bag, loosen or undo the Leg Bag Straps for sleeping.
- 6 Never disconnect Leg Bag from catheter until due for change. This maintains a 'closed system'.
- 7 Replace InCare Leg Bag with replacement of catheter. (Or earlier at the discretion of your medical advisor.)
- 8 Further advice is available from the National Continence Helpline on 1800 330 066

For Sheath Drainage

The Hollister InCare Leg Bag is constructed from thick, durable, soft vinyl. Strategic reinforcement ensures extended wear times with maximum comfort. Pleated sides increase the capacity whilst maintaining a discreet size. Careful Frequent emptying and a daily cleaning routine using a decontaminating solution* is recommended to maintain a clean environment.

- 1 Connect either G9000 Non Latex Tubing or 9803 Latex Extension Tubing to the InCare Leg Bag of choice.
- 2 Connect Extension Tubing to penile sheath.
- 3 Attach fabric Leg Bag Straps to accommodate either horizontal or vertical placement on thigh or calf.
- 4 For night drainage attach an adaptor to end of Leg Bag for connection to night bag.
- 5 After connecting the night bag to the Leg Bag, loosen or undo the Leg Bag straps for sleeping.
- 6 Remove Leg Bag and Extension Tubing daily to clean and dry.
- 7 Replace Leg Bag at sign of wear and tear. Extended wear times are often reported.

*Decontaminant Solution Preparation

There are several accepted ways of cleaning a leg bag. Ideally obtain a soft plastic bottle with a squirt nozzle and cap for daily preparation of the solution. Invert the bottle a few times to ensure adequate mixing of the solution.

Option 1:

Household Detergent:

Dilute 5ml of detergent in 150ml of warm tap water

Option 2:

Household grade Disinfectant:

Dilute 10ml of disinfectant in 150ml of cold tap water

Option 3:

Bleach solution

Add 15ml of liquid bleach (containing 5.25% sodium hypochlorite) to 150ml of cold tap water

Option 4:

Weak Vinegar Solution:

Dilute 30ml of vinegar in 120ml of cold tap water