

# ADAPT Barrier Rings and Convex Barrier Rings

## General Information

- Use to fill or caulk uneven skin contours near the stoma to create a flatter surface.
- Use to prevent ostomy drainage from getting beneath the skin barrier.
- Can be cut, bent and stacked together to improve the fit of your barrier.

## Using Adapt *Barrier Rings* or Adapt *Convex Barrier Rings*

1. Wash and dry your skin thoroughly.
2. Remove the barrier ring protective coverings and stretch or mold the ring to fit your stoma size.
3. Apply the ring to your skin or directly to the adhesive area of your ostomy pouch.
4. Apply your ostomy pouch as usual.

## Frequently Asked Questions

### **Q: How do I know what size ring to use?**

A: Select the size that most closely matches the size of your stoma. The rings may be pulled and stretched to fit.

### **Q: My stoma is not round. Can I still use the rings?**

A: Yes! The rings can be pulled or stretched into the shape you need.

### **Q: How should I remove the rings?**

A: The ring will come off when you remove your pouch. If residue remains, gently roll and peel it from the skin.

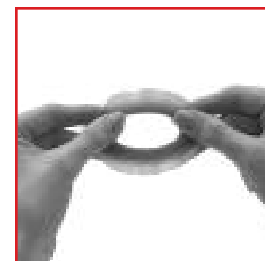
### **Q: Can the rings be used a second time?**

A: No, the Adapt *Barrier Rings* and Adapt *Convex Barrier Rings* are not designed for re-use and would not adhere well if reapplied.

### **Q: Can I use this product when my skin is irritated?**

A: Yes\*, Adapt *Barrier Rings* and Adapt *Convex Barrier Rings* are alcohol-free and will not cause pain when used on irritated skin.

*\*Irritated skin near the stoma should be evaluated by a healthcare professional who will help determine the cause for the skin problem and how to prevent further injury.*



Adapt Convex Barrier Ring being stretched to oval shape.



Adapt Convex Barrier Ring stretched to oval shape and placed on a skin barrier.