

Wound Care Dressing Decision Guide



Hollister

STAGES

AIM

GENERIC DRESSING OPTIONS

1.



Unbroken, Pink/Reddened Epithelialising Wound



- Promote epithelialisation and material protection

- Thin Hydrocolloid (eg. Hollister Restore Extra Thin)
- Polyurethane film (eg. Opsite, Tegaderm)
- Non Adherent Dressing (eg. Melolin, Cutilin)
 - Dressing can be left insitu for 3 – 7 days
 - Epithelialising wounds normally only produce a light exudate

2.



Broken, Superficial, red granulating wound



- Protect granulating tissue
- Encourage epithelialisation
- Absorb excess exudate

- Thin hydrocolloid sheet (eg. Hollister Restore Extra Thin)
- Standard hydrocolloid sheet (eg. Hollister Restore Plus)
- Polyurethane foam sheet (eg. Lyofoam, Allevyn)
- Alginate sheet (eg. Hollister CalciCare)
 - Dressing can be left insitu for 1 – 7 days depending on amount of exudate. They are changed when “wicking” or “strike through” of the dressing occurs
 - Alginates require a secondary dressing (eg. Polyurethane foam – sheet)

3.



Broken, shallow reddened and/or yellow sloughy wound



- Remove slough
- Encourage granulation
- Absorb excess

- Standard hydrocolloid sheet (eg. Hollister Restore Plus)
- Polyurethane foam (sheet) (eg. Lyofoam, Allevyn)
- Alginate (sheet/rope) (eg. Hollister CalciCare)
 - Hydrogel (eg. Intrasite Gel)
 - Amorphous Hydrogels + Alginates require a secondary dressing (eg. Polyurethane foam)

4.



Broken, deep/cavity, reddened or yellow sloughy wound



- Remove slough
- Encourage granulation
- Absorb excess exudate

- Alginate (rope only) (eg. Hollister CalciCare)
- Hydrogel (amorphous) (eg. Intrasite Gel)
- Polyurethane foam (pack only) (eg. Allevyn cavity)
 - Amorphous Hydrogels + Alginates require a secondary dressing (eg. Polyurethane foam – sheet)

5.



Black necrotic wound



- To remove eschar by:
- Sharp debridement, as per qualified clinician only (eg. scissors, scalpel)
 - Rehydration and autolytic debridement

- Standard hydrocolloid sheet (eg. Hollister Restore Plus)
- Hydrogel (eg. Intrasite Gel)
- Sharp debridement is the best method of debridement
 - Amorphous Hydrogels require a secondary dressing (eg. Polyurethane foam – sheet)

Hollister Wound and Skin Care Products

SKIN CLEANSER 1



Hollister Skin Cleanser

SKIN SEALANT 2



Skin Gel

SKIN AT RISK/MINIMALLY EXUDATING WOUNDS 3



Restore Extra Thin

SKIN MOISTURIZER 4



Skin Conditioning Creme

EXUDATING WOUNDS 5



Restore Plus Hydrocolloid

EXUDATING WOUNDS 6



Restore CalciCare Calcium Sodium Alginate

DRAINING WOUNDS/FISTULAE 7



Wound Drainage Collectors