

One-Piece Pouching System

Gather supplies

Required supplies:

- Pouch
- Disposal bag
- Tissue and/or cloth for cleaning and water

Optional supplies:

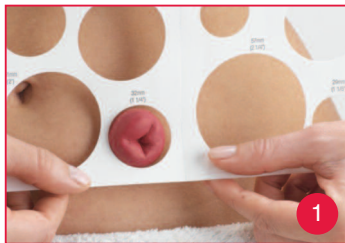
- Stoma measuring card
- Scissors
- Pen
- Clamp

Accessories:

- Barrier ring
- Paste
- Powder
- Adhesive remover wipe
- Skin protective wipe
- Belt
- Lubricating deodorizer
- Other _____

Prepare the pouch

For a cut-to-fit skin barrier:



1 If your stoma size is still changing, remove your skin barrier. Then, measure your stoma using the stoma measuring card. Select the opening that fits close to your stoma without touching it.



2 Draw the pattern of the stoma onto the backing of the skin barrier. If you know your stoma size, identify the correct circle on the cutting guide. The skin barrier should fit closely around the stoma.



3 Separate the front and back pouch panels to avoid cutting the pouch. Cut the skin barrier to the correct size. Using a small curved scissors will make cutting the opening easier.

If using a **drainable pouch**, close the bottom of the pouch by using the integrated **Lock 'n Roll** closure or apply pouch clamp.

If using a **urostomy pouch**, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch. If desired, apply a cap.



4 Remove and discard the protective covering from the skin barrier.



5 If your pouch has a tape border, remove the center portion of the tape release paper.

If using a barrier ring or paste, apply it to the sticky side of the skin barrier next to the stoma opening or as directed.

Remove used pouch

Gently peel the adhesive away from the skin, beginning at the top and working downward.

Examine your skin. The skin around your stoma should not have any signs of rash or sores. Irritated skin should be evaluated by a healthcare professional.

Examine your stoma. The stoma may be swollen after surgery. It may take six weeks for the stoma to stop shrinking. The stoma may bleed slightly when you clean it.

Properly dispose of used pouching system. Do not flush down the toilet.

Clean and dry your skin thoroughly.

Skin should be clean, without traces of soap or grease, and dry before applying the skin barrier. When using a **Flextend** skin barrier, for maximum wear time, the use of Skin Gel or other skin prepping wipes is not recommended.

List of products

	Stock No	Size
Premier One-Piece Pouch	_____	_____
<i>Accessories</i>		
Adapt Barrier Rings	_____	_____
Adapt Paste	_____	_____
Belt	_____	_____
Adapt Lubricating Deodorant	_____	_____
Adapt Stoma Powder	_____	_____
Adhesive Remover Wipes	_____	_____
Skin Protective Wipes	_____	_____

Apply the new pouch

Holding pouch by the remaining strips of tape backing paper, center opening in skin barrier over stoma. If using a pouch without tape, hold the skin barrier by side edge and center over stoma.



6 Gently press the barrier against your skin until barrier and tape are contacting the skin at all points. Smooth against skin. Avoid wrinkles. Hold for about one minute (heat and pressure help activate the adhesive).



7 For tape bordered barriers, remove the remaining strips of backing paper and gently press adhesive against skin.

Additional instructions

Consult instructions for use provided in each pouch box for more details.



Hollister Incorporated
2000 Hollister Drive
Libertyville, IL 60048
1.888.740.8999

Distributed in Canada by
Hollister Limited
95 Mary Street
Aurora, Ontario L4G 1G3
1.800.263.7400

www.hollister.com