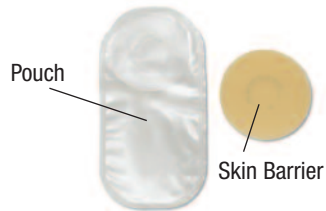


Pouchkins Premie and Newborn Pouching Systems

Ostomy Care Tips

Pouchkins Premie Pouching System (Stock No 3777)



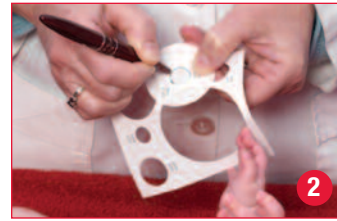
Collect Supplies

Gather pouch, skin barrier, measuring guide, scissors, pen, water and gauze, cotton balls or tissue.



Prepare the Skin Barrier and Pouch

1 Measure the stoma using the measuring guide or use a pattern provided by your nurse.



2 Trace the pattern onto the paper side of the skin barrier. The skin barrier should fit closely around the stoma.



3 Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern drawn. Do not cut beyond the line indicated on the release paper.



4 Remove the adhesive release liner from pouch.



5 With the paper side of the skin barrier facing up, center the skin barrier on the adhesive of the pouch. Hold together for 10 seconds. No adhesive should be visible beyond the skin barrier.



6 Remove the release liner from the skin barrier. Set aside with adhesive facing up.



Remove Used Pouching System

7 Carefully lift an edge of the skin barrier and peel downward, gently pushing the skin away from the skin barrier.

Properly dispose of used pouch. Do not flush down toilet.



Clean and Dry Skin

8 Clean the skin with water or with a gentle soap as recommended by your healthcare provider. Rinse and dry thoroughly. Do not use oils, baby powder, lotion or lotion-type soaps on the skin.



Apply the New Pouching System

9 Center the skin barrier opening over the stoma. Gently press the barrier against the skin until the entire barrier adheres.

Additional Information:

- **Caring for Your Child with an Ostomy** (an educational booklet for parents and caregivers of infants with ostomies)
- **Can They Still Wiggle and Giggle** (a coloring book for children who want to know more about ostomies)

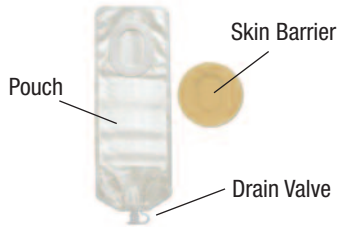
Tips

- The Premie Pouch is intended for low-birthweight infants and has a capacity of 10cc. If the capacity is insufficient, consider a larger pouch such as the Newborn Pouch.
- If using the premie pouch as a drainable pouch, carefully cut off the bottom above the seam. If too much is cut off, the pouch capacity will be diminished.
- Apply closure at end and fold ends securely. Refer to detailed instructions in box.
- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC nurse or ostomy specialist.
- The **Pouchkins** stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed.



Attention to Detail. Attention to Life.

Pouchkins Newborn Pouching Systems (Stock No 3778)



Collect Supplies

Gather pouch, skin barrier, measuring guide, scissors, pen, water and gauze, cotton balls or tissue.



Prepare the Skin Barrier and Pouch

1 Measure the stoma using the measuring guide or use a pattern provided by your nurse.



2 Trace the pattern onto the paper side of the skin barrier. The skin barrier should fit closely around the stoma.



3 Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.



4 Remove the adhesive release liner from pouch.



5 With the paper side of the skin barrier facing up, center the skin barrier on the adhesive of the pouch. Hold together for 10 seconds. No adhesive should be visible beyond the skin barrier.



6 Remove the release paper from the skin barrier. Set aside with adhesive facing up. Close drain valve at bottom of pouch by attaching cap.



Remove Used Pouching System

7 Carefully lift an edge of the skin barrier and peel downward, gently pushing the skin away from the skin barrier.

Properly dispose of used pouch. Do not flush down toilet.



Clean and Dry Skin

8 Clean the skin with water or with a gentle soap as recommended by your healthcare provider. Rinse and dry thoroughly. Do not use oils, baby powder or lotion or lotion-type soaps on the skin.



Apply the New Pouching System

9 Center the skin barrier opening over the stoma. Gently press the barrier against the skin until the entire barrier adheres.

For more information, see product instructions.

Tips

- To connect the Newborn Pouch to tubing, detach cap from bottom of drain valve. Insert drain tube (Stock No 3779) into drain valve and connect other end of tubing to a bed side receptacle.
- The Newborn Pouch has a spout at the bottom. If the discharge becomes too thick, you may cut off the bottom of the pouch at desired location. Cut through the plastic pouch stabilizers located inside the pouch and remove them.
- Apply the closure included in the box. Refer to detailed instructions inside box. If too much is cut off the pouch capacity will be diminished.
- Empty pouch when 1/3 full. If the capacity is insufficient, consider a larger pediatric pouch.
- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC nurse or ostomy specialist.



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