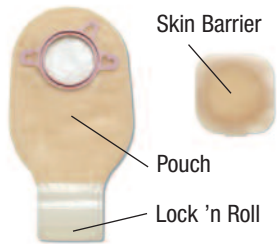


Pouchkins Two-Piece Pouching Systems

Ostomy Care Tips

Pouchkins Two-Piece Pouching Systems



Collect Supplies

Gather pouch, skin barrier, scissors, pen, water and gauze, cotton balls or tissue.



4 Remove the adhesive release liner from skin barrier. Set aside with adhesive facing up.



Prepare the Skin Barrier and Pouch

1 Measure the stoma using a sizing guide or use a pattern provided by your nurse.



2 Trace the pattern onto the skin barrier. The skin barrier should fit closely around the stoma.



3 Using small curved scissors, cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.



Remove Used Pouching System

5 Carefully lift an edge of the skin barrier and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch. Do not flush down toilet.



Clean and Dry Skin

6 Clean the skin with water or with a gentle soap as recommended by your healthcare provider. Rinse and dry thoroughly. Do not use oils, baby powder, lotion or lotion-type soaps on the skin.



Apply the New Pouching System

7 Center the skin barrier opening over the stoma. Gently press the barrier against the skin until the entire barrier adheres.

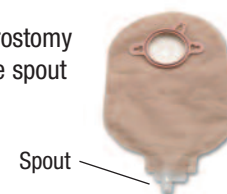


8 Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and skin barrier flange. Press the two flanges together. A series of "clicks" will confirm you are doing it correctly. No more "clicks" means the pouch is secured.



9 Close the bottom of the pouch. If using a drainable pouch, close the **Lock 'n Roll** closure. Fold up three times until the plastic fasteners meet. Press firmly from the center to the outer edges along the closure strip.

If using a urostomy pouch, close spout at bottom.



Attention to Detail. Attention to Life.

Pouchkins Two-Piece Pouching Systems



Using Accessories (As recommended by your healthcare professional.)

Adapt Paste may be applied to the skin barrier before application.

Adapt Paste

Stock No 79300—2 ounce tube
Stock No 79301—½ ounce tube which has a smaller outlet and may be easier for pediatric use.



Rings can be used to fill in skin areas near the stoma as a substitute for paste.

Adapt Barrier Rings

Stock No 7805—Outer Diameter - 2"



You may use **Adapt** Stoma Powder when the skin is moist.

Adapt Stoma Powder

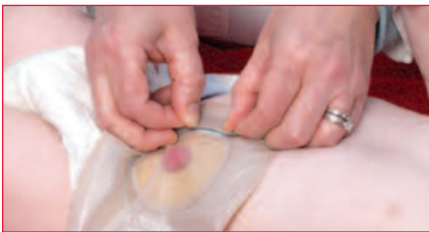
Stock No 7906—1 oz. bottle



An ostomy belt may be recommended by your nurse. The belt should be snug but not too tight and should be worn in line with the stoma. Refer to instructions for use.

Pediatric Ostomy Belt

Stock No 3774—10" to 17" (25-43cm)



Stock No 3761 **SoftFlex** Skin Barrier with Floating Flange

- No tape
- 1 ¾" flange
- Cuts up to 1 ¼"



Stock No 3799 Two-Piece Drainable Pouch—Transparent

- 1 ¾" flange
- No Filter
- Lock 'n Roll Closure
- 6 ½" Pouch Length



Stock No 18402 Two-Piece Urostomy Pouch—Transparent

- 1 ¾" flange
- 9" Pouch Length



Stock No 18282/18292 Two-Piece Drainable Pouches Transparent or Beige

- 1 ¾" flange
- Integrated Filter
- Lock 'n Roll Closure
- 7" Pouch Length



Stock No 18382/18392 Two-Piece Closed Mini-Pouch Transparent or Beige

- 1 ¾" flange
- Integrated Filter
- 7" Pouch Length



Tips

- If using a pouch with a filter (Stock No 18292 or 18282), the filter must be covered with the beige stickers provided. The sticker is applied over the filter when the filter could be exposed to moisture.
- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC nurse or ostomy specialist.
- The **Pouchkins** stickers can be placed on the pouch to identify the date and time the pouch was changed.

Additional Information:

- **Caring for Your Child with an Ostomy** (an educational booklet for parents and caregivers of infants with ostomies)
- **Can They Still Wiggle and Giggle** (a coloring book for children who want to know more about ostomies)

For more information, see product instructions.



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