

Ostomy Care Tips

These easy-to-use Care Tips provide brief instructions on the use of specific products or provide instructional information related to specific ostomy products or procedures. Most are designed for patient education although some are more suited for healthcare professional use. Features of the Care Tips may include photos or drawings, frequently asked questions, ordering information, and a place for customization.

Ostomy Care Tips (pad of 25)

Adapt Barrier Rings and Convex Barrier Rings - **Updated**
Adapt Lubricating Deodorant
Adapt Paste
Adapt Stoma Powder
Colostomy Irrigation
Fistula Management - **New**
Using Convexity
Lock 'n Roll Closure System
One-Piece Pouching System - **Updated**
Patient Anatomy Guide - **Updated**
Peristomal Skin Care/Complications
Pouchkins One-Piece Pouching System
Pouchkins Premie & Newborn Pouching System
Pouchkins Two-Piece Pouching System
Routine Care of Your Ostomy - **New**
Skin Barriers
Skin Gel and Universal Removal Wipes - **Coming soon**
Stoma Complications
Stoma Siting - **New**
Two-Piece Pouching System - **Updated**
Types of Ostomies



Case Studies

These case study reprints reflect clinical and laboratory findings related to product performance and clinical experience. Most are reprints of educational posters presented at national nursing conferences. Additional case studies are available online. For a complete description, visit the Nursing Education section found in the Healthcare Professional portion of our website, www.hollister.com.

Instructional Booklets

These booklets provide a more in-depth review of information important for the person with an ostomy. Booklets in languages other than English are available online at our website.

Our “**Understanding Your Ostomy**” series is a starting place for a person who is about to undergo or recently had ostomy surgery.

Understanding Your Colostomy Booklet
Understanding Your Ileostomy Booklet
Understanding Your Urostomy Booklet
Understanding Your Colostomy/Ileostomy/Urostomy Booklet (English) - *online only* **New**
Understanding Your Colostomy/Ileostomy/Urostomy Booklet (Spanish) - *online only* **New**

The “**What’s Right for Me?**” series is targeted to people with ostomies after discharge when questions arise about product and lifestyle selections.

What’s Right for Me? – Colostomy (English/Spanish)
What’s Right for Me? – Ileostomy (English/Spanish)
What’s Right for Me? – Urostomy (English/Spanish)

Our **Pediatric** series is perfect for parents, caregivers, and children who face ostomy surgery.

Can They Still Wiggle and Giggle? Coloring Book
Caring For Your Child With An Ostomy-Pediatric (English/Spanish)

The **Lifestyle series** is for the more experienced person living with a stoma who wants detailed information on very specific topics. These are only available online at www.hollister.com.

Good Eating Habits and Good Health with an Ostomy
Love and Sex for People with an Ostomy
Maintaining Personal & Professional Relationships with an Ostomy - **Coming soon**
Pregnancy & Childbirth with an Ostomy - **Coming soon**
Skin Care for Your Stoma: 3 Easy Steps to Maintaining Healthy Skin
Sports and Fitness with an Ostomy
Travel with an Ostomy

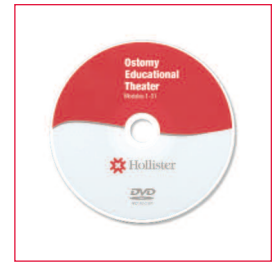
Ostomy Educational Theatre

This educational tool, available as a DVD or on the web, provides an opportunity for a person with an ostomy, family member or nurse to actually see key skills related to managing an ostomy and product use. There are over 30 modules. These are available online at www.hollister.com.

How to Choose an Ostomy Pouching System DVD (English/Spanish)

How to Use an Ostomy Pouching System DVD (English/Spanish)

Ostomy Educational Theatre Checklist (English/Spanish)



Shadow Buddies

This educational tool is available exclusively from Hollister. The buddies were developed by a mom who had a son who wanted a friend “just like me.” The Ostomy Shadow Buddies have a stoma and heart-shaped eyes for love. They are available in light, medium, and dark skin tones, and male and female versions.



Secure Start Program

The **Secure Start** Program helps a patient and their family through the continuum of care from preoperative teaching through surgery and their return to home with education and support. For helping new patients adjust to life with an ostomy, contact one of our Secure Start Coordinators at **1.888.808.7456**.

The **Secure Start** quarterly newsletter contains personal success stories, information about new products, and reimbursement and “tips” from our WOC nurses. Subscribe on www.hollister.com.



Online CE Programs

Hollister has developed an innovative online course in ostomy care education, entitled “Nursing Care of the Person with an Ostomy.” It is 4.0 contact hours. This course offers interactive education complete with video clips, downloadable support materials, a narrated PowerPoint presentation, and more.

In addition, Hollister offers on-site, customized Continuing Education Programs to assist with staff instruction. Contact your local Hollister Sales Specialist for more information.

Stoma Sizing Guide

These disposable guides are provided in every box of cut-to-fit barriers but also are available individually to assist in measuring stomas to make sure the patient has a correctly sized product.

Other Educational Resources

Hollister will partner with you to customize education and tools based upon your specific needs. This may include formularies, competency forms, and conversion tools. Contact your local Hollister Sales Specialist for more information.

For your product questions, sampling needs, and detailed clinical questions:

1.888.740.8999



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