

## Irrigation Care Tips

Description	Quantity/Box	Stock No
1000 mL Irrigation Bag	30	31005
<b>Hospital Specific Information</b>		
Catheter Insertion Date:		
Catheter Size (circle one):	4 cm	6 cm
Irrigation Volume (circle one):	200 mL	300 mL 400 mL 500 mL
Frequency (circle one):	q8 hr	q12 hr q24 hr
Irrigation Times:		

This Care Tips sheet is only intended to highlight select aspects of catheter irrigation.\*

**NOTE:** Regular irrigation (e.g., every 12 hours) and/or stool modification is recommended (as prescribed by physician) to optimize stool consistency and to facilitate evacuation through the catheter. Patients with very loose or watery stool may require less irrigation.

One method of irrigation—using a gravity bag with the stop-flow balloon deflated—is described below. This is the preferred method for routine irrigation of the catheter, except for patients with thick stool consistency and for scheduled evacuations, when the stop-flow balloon should be inflated.

### Patient Positioning

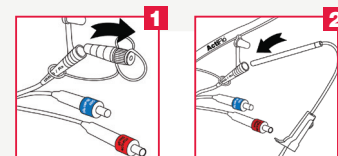
- Position on left side in slight Trendelenburg position
- Fully inflate the air bed (if one is in use)

### Irrigant Administration

- Fill the ActiFlo Irrigation Bag with 300 mL to 500 mL of lukewarm water or saline (as prescribed by physician)
- Hang the irrigation bag from an IV pole 2-3 feet higher than the patient's anus
- Connect the irrigation bag administration tubing to the CLEAR connector (IrrigRx) after removing the white-capped tethered adapter. (See Figures 1 and 2.)

**WARNING: Verify connection to the correct catheter connector.**

- Open the roller clamp on the irrigation tubing. Allow the fluid to drain by gravity into the rectum and colon over approximately 10 minutes. If the irrigant will not infuse or infuses slowly, squeeze the gravity bag to clear the occlusion



**NOTE:** If the patient experiences cramping or leakage, it may be related to irrigation volume, irrigation rate, or irrigant temperature. These may need to be adjusted for each patient. NEVER use a hot liquid as an irrigant.

### Post Irrigant

Allow drainage of the fluid and feces out of the rectum and colon. Drainage may be facilitated by positioning patient in a slight reverse Trendelenburg position to assist gravity. The return may not be complete or immediate. Strip the catheter tubing (starting at the anchor straps) to push remaining stool and fluid into the collection bag. Empty or replace the collection bag as needed.

**\*Caution:** Prior to using the ActiFlo Indwelling Bowel Catheter System, be sure to read the entire ActiFlo Indwelling Bowel Catheter System Instructions for Use package insert supplied with the product for device Intended Use, Description, Contraindications, Warnings, Precautions, Adverse Events, and Instructions for Use.

**Warning:** Prior to use of the ActiFlo Irrigation Bag read the ActiFlo Irrigation Bag Instructions including all illustrations that is supplied by the manufacturer.

ActiFlo Indwelling Bowel Catheter System  
Product Information

**NON STERILE:**

The ActiFlo Indwelling Bowel Catheter is constructed primarily of silicone materials. All system components are latex-free. Single patient use only.

**CAUTION:** Federal (USA) law restricts this device to sale by or on the order of a physician or other healthcare practitioner licensed under state law to order this product.

Refer to the complete ActiFlo Indwelling Bowel Catheter System Instructions for Use supplied by the manufacturer for directions on how to properly use this product.

**INTENDED USE**

The ActiFlo Indwelling Bowel Catheter System is intended for diversion of fecal matter to minimize external contact with the patient's skin, to facilitate the collection of fecal matter for patients requiring stool management, to provide access for colonic irrigation, and to administer enema/medications.

**CONTRAINDICATIONS**

- Do not use in patients having known sensitivities or allergies to the materials used in this device.
- Do not use if the patient's distal rectum cannot accommodate the inflated volume of the retention cuff or if the distal rectum/anal canal is severely strictured (e.g., secondary to tumor, inflammatory condition, radiation injury, scarring).
- Do not use on patients having impacted stool.
- Do not use on patients with a recent (less than 6 weeks old) rectal anastomosis, or a recent (less than 6 weeks old) anal or sphincter reconstruction.
- Do not use on patients with compromised rectal wall integrity (e.g., ischemic proctitis).
- Do not connect irrigation bag to an IV.
- Do not use irrigation bag for enteral feeding.

**WARNINGS (Failure to comply with the following warnings may result in patient injury)**

- Do not use if package is open or damaged.
- Do not use improper amount or type of fluids for irrigation or cuff/balloon inflations. NEVER use hot liquids.
- Do not over inflate retention cuff or stop-flow balloon.
- Inflation of the stop-flow balloon causes complete catheter occlusion. Do not leave stop-flow balloon inflated in an unattended patient. To verify complete deflation of the stop-flow balloon, aspirate all air until RED connector (STOP FLOW 25 mL AIR) pilot balloon is collapsed when the syringe is removed from the connector.
- Use only gravity or slow manual irrigation. Do not connect manual pumping devices to catheter irrigation lumen. Do not irrigate patient with compromised intestinal wall integrity.
- Extreme caution should be exercised in patients at risk for the development of toxic megacolon. Occluding the tube by inflating the stop-flow balloon could aggravate this situation.
- Perform irrigations, and enema/medication administrations, via the CLEAR connector (IRRIG/Rx) AND NOT via the BLUE connector (CUFF 35-40 mL H<sub>2</sub>O) or RED connector (STOP FLOW 25 mL AIR).
- Blood per rectum should be investigated to ensure no evidence of pressure necrosis from the device. Discontinue use of the device if evident.
- Abdominal distention that occurs while using the device should be investigated.
- Excessive prolonged traction on the catheter, resulting in the retention cuff migrating into the anal canal, could result in temporary or permanent clinical sphincter dysfunction, or catheter expulsion.

**PRECAUTIONS**

- Do not sterilize.
- The ActiFlo Indwelling Bowel Catheter System is not intended for use longer than 29 days.
- Caution should be exercised in use of this device with patients who may bleed easily due to anticoagulant/antiplatelet therapy or underlying disease conditions. Immediately consult a physician if rectal bleeding is suspected.
- The ActiFlo Indwelling Bowel Catheter System is not recommended for pediatric use.
- To avoid damage to retention cuff or stop-flow balloon, DO NOT contact either with ANY sharp edge including the enclosed lubricating jelly packets.
- The ActiFlo Indwelling Bowel Catheter System may not be effective in individuals who have had their distal rectum significantly altered by surgical resection or reconstruction.
- Patients with very weak sphincter function may expel the catheter under normal use, or may have increased leakage of stool or irrigation fluids compared to patients with normal sphincter function.
- Caution should be observed in patients whose rectum may be altered by stricture due to radiation or affected with radiation proctitis.
- Patients with severe tenesmus, or patients who experience tenesmus or severe pain after insertion of device, may not tolerate the catheter in place.
- Avoid inserting anything (e.g., thermometer, suppository, etc.) into the anal canal with the catheter in place to minimize patient injury or catheter damage.
- Care should be taken when disconnecting syringe from the CLEAR connector (IRRIG/Rx). Fluids may drain or splatter from the connector when it is disconnected.
- Use WATER ONLY to inflate retention cuff. Do not use saline solution, which may adversely affect valve function.
- Use AIR ONLY to inflate the stop-flow balloon. Do not use water or any other fluid.
- Do not use vigorous aspiration to remove fluid from the retention cuff or to remove air from the stop-flow balloon. Vigorous aspiration may collapse the inflation lumen and/or pilot balloon and may prevent retention cuff or stop-flow balloon deflation.
- Do not allow ointments or lubricants having a petroleum base (e.g., Vaseline®, petroleum-based hand/body lotion) to contact the catheter. They may damage the silicone and may compromise the integrity of the device.
- Use only Hollister branded bowel catheter collection bags with the ActiFlo Indwelling Bowel Catheter.
- Feces contains infectious material. Protect from splatter which may occur when disconnecting or emptying the collection bags or during catheter removal.
- After use, this system is a biohazard. Handle and dispose of in accordance with institutional protocol and universal precautions for contaminated waste.

**ADVERSE EVENTS**

The following adverse events may be associated with the use of any rectal device:

- Perforation
- Pressure necrosis
- Loss of sphincter tone
- Obstruction
- Infection
- Excessive leakage of fecal contents

For detailed clinical questions concerning our products: **1.888.740.8999**  
For orders only: **1.800.323.4060**  
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