

Restore DimethiCreme

Skin Protectant

Protocol

This protocol is intended to supplement, not replace, your facility's guidelines and/or common practices.

Desired Outcomes

- Cleanse, moisturize and protect healthy skin at risk for breakdown
- Cleanse, moisturize and protect compromised skin

Equipment

1. Restore DimethiCreme Skin Protectant
2. Soft Cloth
3. Gloves

Procedures

- Application of product
- Documentation of observations

Application of Product

1. Assemble supplies and take to bedside.
2. Identify and inform patient of procedure.
3. Provide for privacy.
4. Apply gloves.
5. Position patient so that the affected area is exposed.
6. Apply Restore DimethiCreme Skin Protectant liberally to the entire affected area as needed (*DimethiCreme provides a transparent, non-occlusive barrier*).
7. Remove gloves and wash hands after completing procedure.
8. Repeat as often as necessary.

Documentation of Observations

Document procedure and other pertinent observations regarding the condition of the skin.

Guidelines for Maintaining Healthy Skin*

- Inspect skin at least once a day.
- Individualize bathing schedule. Avoid hot water. Use mild cleansing agent.
- Minimize environmental factors. Use moisturizer for dry skin.
- Avoid massage over bony prominences.
- Cleanse skin at time of soiling and at routine intervals.
- Minimize skin injury due to friction and shear forces through proper positioning, transferring and turning technique.
- Use lubricants, protective film dressings and padding to reduce the chance of damage.
- Make sure proper nutrition is maintained and the dietary intake of protein is sufficient. Additional supplements may be required.
- Monitor and document interventions and outcomes.

*Adapted from Clinical Practice Guidelines, Pressure Ulcers in Adults: Prediction and Prevention, AHCPublication No. 92-0047, May 1992.

Glossary of Terms

Term	Definition
Denude	Loss of epidermis
Erythema	Redness of the skin surface
Excoriation	Linear scratches on the skin
Induration	Abnormal firmness of tissue with a definite margin
Maceration	Softening of tissue by soaking in fluids

Restore DimethiCreme Skin Protectant

Size/Description	Stock No	Box Qty
4 oz. Tube	9979	12



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