

# Restore and Restore Cx

## Hydrocolloid Wound Care Dressings

## Protocol

This protocol is intended to supplement, not replace, your facility's guidelines and/or common practices.

### Desired Outcomes

- To maintain a moist wound environment for the healing of partial-thickness, non-infected dermal ulcers
- To manage wounds with minimal to moderate amounts of exudate.

### Equipment

1. Restore or Restore Cx Hydrocolloid Wound Care Dressings
2. Restore Wound Cleanser or other solution, as indicated, for wound cleansing
3. Wound measuring guide
4. Gauze or towel to dry periwound skin
5. Gloves

### Procedures

- Preparation of wound area
- Application of dressing
- Removal of dressing
- Documentation of observations

### Preparation of Wound Area

1. Assemble supplies and take to bedside.
2. Identify and inform patient of procedure.
3. Provide for privacy.
5. Apply gloves.
4. Position patient so that wound area is exposed (*remove dressing, if present*).
6. Thoroughly rinse or irrigate the wound area with Restore Wound Cleanser or normal saline, if appropriate (*if necessary, the wound should be debrided*).
7. Clean and dry the periwound skin to allow for secure adhesion of the dressing.
8. Measure the wound using the wound measuring guide.

### Application of Dressing

1. Choose the correct size Restore Dressing so that it extends one inch beyond the wound edges on all sides.
2. Remove dressing from package.
3. Remove the release papers from the dressing (too much handling of the adhesive may interfere with good dressing and skin contact).
4. Center over the wound site (the dressing will not adhere to the moist wound surface).
5. Gently press the dressing to the skin and smooth out wrinkles (for difficult-to-manage sites, hold dressing in place for 60 seconds to improve adherence. Taping of the edges of the dressing is not required but may help in areas of high friction such as heels, elbows, or coccyx).
6. Remove gloves and wash hands after completing procedure.

### Removal of Dressing

1. Put on gloves.
2. Carefully lift an edge of the dressing while pressing down on the skin.
3. Continue this procedure around the area of the wound bed until all edges are free of the skin.
4. Dispose of dressing properly.
5. Remove gloves and wash hands after completing procedure.

**NOTE:** The dressing should be left in place not more than seven days. If it is uncomfortable, leaking or there are clinical signs of infection replace the dressing.

### Documentation of Observations

Document dressing changes, wound measurements and other pertinent observations regarding the wound or periwound site.

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## Assess

Key observations to document with wound dressing change:

- Size of wound
- Extent of tissue involvement (partial-thickness, full-thickness, stage)
- Presence of undermining or tracts
- Anatomic location
- Wound base (granulation, epithelialization, muscle, subcutaneous tissue, nonviable tissue, color, exudate amount/ odor/color)
- Edge of open wound
- Presence of foreign bodies
- Condition of surrounding skin
- Duration of wound

## Plan

Select interventions to provide appropriate local wound care:

- Prevent and manage infection
- Cleanse wound
- Remove nonviable tissue
- Manage exudate
- Eliminate dead space
- Control odor
- Protect wound and periwound skin
- Maintain a moist wound surface

## Implement

- Follow Protocol for Restore and Restore Cx Hydrocolloid Wound Care Dressings
- Reduce or eliminate causative factors
- Provide systemic support for wound healing

## Evaluate

- Reassess wound with each dressing change
- Frequency of dressing changes should be dictated by facility protocol
- Discontinue Restore Dressing if there are clinical signs of infection

If no progress can be demonstrated within two to four weeks, reevaluate the overall treatment plan, as well as adherence to this plan, making modifications as necessary.

### Hydrocolloid Dressing Advantages:

- Assist in autolytic debridement
- Absorb excess exudate for minimal to moderately exuding wounds
- Create a moist wound interface
- Insulate the wound to maintain normal tissue temperature
- Provide an occlusive barrier to external contaminants including urine and feces

### Restore Wound Care Dressings

Size/Description	Stock No	Box Qty
4" x 4" Sterile	9930	5
6" x 8" Sterile	9932	3
8" x 8" Sterile	9935	3

### Restore Cx Hydrocolloid Wound Care Dressings

Size/Description	Stock No	Box Qty
4" x 4" Sterile	9931	5
6" x 8" Sterile	9933	3
8" x 8" Sterile	9936	3

### Restore Wound Cleanser

Size/Description	Stock No	Box Qty
12 oz. Trigger Spray Bottle, Non-Sterile	9976	12
8 oz. Trigger Spray Bottle, Non-Sterile	9975	12

References: Acute and Chronic Wounds/  
Nursing Management, 2nd ed. Bryant RA (ed.), St. Louis:  
Mosby Year Book, 2002.

Agency for Healthcare Policy and Research. Clinical Practice  
Guideline #15, Treatment of Pressure Ulcers, December, 1994.



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