

Restore Extra Thin Hydrocolloid Wound Care Dressing

Protocol

Desired Outcomes

To protect skin from friction injury

To maintain a moist wound environment for the healing of superficial wounds with minimal or no exudate

Equipment

1. Restore Extra Thin Wound Care Dressing
2. Restore Wound Cleanser or other solution, as indicated, for wound cleansing
3. Wound measuring guide
4. Gauze or other dry material to dry periwound skin
5. Gloves

Parts of Procedure

Preparation of wound area

Application of dressing

Removal of dressing

Preparation of Wound Area

1. Wash hands
2. Assemble equipment and take to bedside
3. Identify and inform patient of procedure
4. Provide for privacy
5. Position patient so that affected area is exposed
(Remove dressing if present)
6. Thoroughly rinse or irrigate the affected area with Restore Wound Cleanser or normal saline, if appropriate
(If necessary, the wound should be debrided)
7. Clean and dry the periwound skin to allow for secure adhesion of the dressing
8. Measure the wound using the wound measuring guide

Application of Dressing

1. Choose the correct size Restore Dressing so that it extends one inch beyond the wound edges on all sides
(Dressings may be overlapped or cut to accommodate the size of the wound)
2. Remove dressing from package
(Restore Dressings are provided in sterile packages if sterile technique is required)
3. Remove the release paper from the dressing
(Too much handling of the adhesive may interfere with good dressing and skin contact)
4. Center over the wound site
(The dressing will not adhere to the moist wound surface)
5. Gently press the dressing to the skin and smooth out wrinkles
(For difficult-to-manage sites, hold dressing in place for 60 seconds to improve adherence. Taping of the edges of the dressing is not required but may help in areas of high friction such as heels, elbows, or coccyx.)

Removal of Dressing

1. Put on gloves
2. Carefully lift an edge of the dressing while pressing down on the skin
3. Continue this procedure around the wound bed until all edges are free of the skin
4. Dispose of dressing properly
5. Wash hands
6. Document dressing change, wound measurements and other pertinent observations regarding the wound or periwound site

NOTE: The dressing should be left in place (not more than 7 days) unless it is uncomfortable, leaking, or there are clinical signs of infection.

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Assess

Key observations to document with wound dressing change:

1. Size
2. Extent of tissue involvement (partial-thickness, full-thickness, stage)
3. Presence of undermining or tracts
4. Anatomic location
5. Wound base (granulation, epithelialization, muscle, subcutaneous tissue, nonviable tissue, color, exudate amount/odor/color)
6. Edge of open wound
7. Presence of foreign bodies
8. Condition of surrounding skin
9. Duration of wound

Plan

Topical Management Priorities

Removal of necrotic tissue
Identification and elimination of infection
Obliteration of dead space
Absorption of excess exudate
Maintenance of a moist wound surface
Provision of thermal insulation
Protection of the healing wound

Hydrocolloid Dressings will

- ✓ Assist in autolytic debridement
- ✓ Absorb excess exudate for minimally exudating wounds
- ✓ Create a moist wound interface
- ✓ Insulate the wound to maintain normal tissue temperature
- ✓ Provide an occlusive barrier to external contaminants including urine, feces and wound drainage
- ✓ Protect skin from sheering forces

Implement

Follow protocol for Restore Extra Thin Dressing
Reduce or eliminate causative factors
Provide systemic support for wound healing

Evaluate

Reassess wound with each dressing change
Frequency of dressing changes should be dictated by facility protocol
Discontinue Restore Extra Thin Dressing if there are clinical signs of infection
If no progress can be demonstrated within 2 to 4 weeks, reevaluate the overall treatment plan as well as adherence to this plan, making modifications as necessary

Ordering Information

<i>Restore Extra Thin Wound Care Dressings</i>	Stock No	Unit of Sale
4"x4"	9921	5
6"x8"	9923	3
8"x8"	9925	3
<i>Restore Wound Cleanser</i>		
12 oz. Trigger Spray Bottle, Non-Sterile	9976	12
8 oz. Trigger Spray Bottle, Non-Sterile	9975	12

To order, phone toll-free:
in the U.S., 1-800-323-4060;
in Canada, 1-800-263-7400



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