Gather pouch, skin barrier, measuring guide, scissors, pen, water, and gauze, cotton balls, or tissue.

Collect Supplies

Remove Used Pouching System

Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch. Do not flush down toilet.

Prepare the Skin Barrier and Pouch

Measure the stoma using a stoma measuring guide before every barrier application.

Clean and Dry Skin

Clean the skin with water or with a gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Clean and Dry Skin

Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.

Apply the New Pouching System

Remove the release liner from the skin barrier. Set aside with the adhesive facing up.

Apply the New Pouching System

Center the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.

Tips

- The Premie pouch (3777) is intended for low-birthweight infants and has a capacity of 10 cc. If the capacity is insufficient, consider a larger pouch such as the Newborn pouch (3778).
- If using the premie pouch as a drainable pouch, carefully cut off the bottom above the seam. If too much is cut off, the pouch capacity will be diminished.
- Apply the soft wire closure at end and fold ends securely. Refer to detailed instructions in box.
- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC/ET Nurse or ostomy specialist.
- The Pouchkins stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed.

Additional Information

- Caring for Your Child with an Ostomy (an educational booklet for parents and caregivers of infants with ostomies)
- Can They Still Wiggle and Giggle (a coloring book for children who want to know more about ostomies)
OSTOMY CARE TIPS

Pouchkins Premie Pouching System

Additional Instructions:

For product questions, sampling needs, or detailed clinical questions concerning our products in the US, call 1.888.808.7456. In Canada call 1.800.263.7400.

Routine follow-up with your healthcare professional is recommended.

Prior to using any ostomy products/accessories be sure to read all product inserts and labels.

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