

Care tips for your CeraPlus™ Convex Ring

CeraPlus™ Convex Rings are designed to support healthy skin by providing a custom fit to help prevent leakage. CeraPlus™ Convex Rings are infused with ceramide. Ceramide helps prevent water loss that can lead to skin damage and dryness¹.

What Does Convexity Look Like When Applied?



Stoma that is below skin level



Convex skin barrier in place

- A secure and reliable seal between the peristomal skin and ostomy skin barrier is necessary to protect healthy peristomal skin from stoma discharge
- Skin barrier and barrier rings are either convex or flat. Convex simply describes the shape of the barrier or barrier ring

General Information

- Convex barrier rings provide a soft convex push to help create a flatter skin surface with gentle pressure
- The extended-wear material holds the convex shape more readily than flat barrier rings
- Can be cut or stacked together to improve the fit of your pouching system
- Available in oval and round shapes, each in three differing sizes for helping provide optimised fit
- Use to create:
 - Round or oval convexity
 - Deeper convexity when applied to a convex barrier (Figure 1)

Using Your CeraPlus™ Convex Ring

1. Wash and dry your skin thoroughly
2. Remove the protective coverings from both sides of the barrier ring (Figure 2)
3. You may choose to:
 - Apply the flat side of the barrier ring to the adhesive side of your skin barrier, and then apply your pouching system (Figures 3, 4)
 - Apply the raised side of the barrier ring to your skin and then apply your pouching system
4. To remove, gently peel away from the skin when you change your skin barrier



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CeraPlus™ Convex Ring FAQs

Q. How do I know what size and shape barrier ring to use?

A. Select the barrier ring size and shape that most closely matches the size and shape of your stoma. The barrier rings may be stretched slightly in any direction to provide a custom fit for your stoma. Do not overstretch.

Q. What if the barrier ring is too big for my stoma?

A. You can make the barrier ring smaller by cutting away a section and pressing the cut ends back together.

Q. Does it matter which side of the barrier ring goes next to my skin?

A. Yes. Apply the flat side of the barrier ring to the adhesive side of your skin barrier.

Q. Can I use this if my skin is irritated?

A. Yes*, CeraPlus™ Rings are alcohol-free, so there is no sting from alcohol when applied to broken or irritated skin.

*Irritated skin near the stoma should be evaluated by a qualified Stomal Therapy Nurse, who will help determine the cause of the skin problem and how to prevent further injury.

CeraPlus™ Ring Convex Round



Code	Inner Diameter
89520	20mm / 13/16" (Stretch to 25mm / 1")
89530	30mm / 1-3/16" (Stretch to 35mm / 1-3/8")
89540	40mm / 1-9/16" (Stretch to 45mm / 1-3/4")

CeraPlus™ Ring Convex Oval



Code	Inner Diameter
89601	22mm x 38mm / 7/8" x 1-1/2" (Stretch to 27mm x 43mm / 1-1/8" x 1-3/4")
89602	30mm x 48mm / 1-3/16" x 1-7/8" (Stretch to 35mm x 53mm / 1-3/8" x 2-1/8")
89603	38mm x 56mm / 1-1/2" x 2-3/16" (Stretch to 43mm x 61mm / 1-3/4" x 2-3/8")

CeraPlus™ Ring Convex Safety Information

WARNINGS: Reuse of a single use product may create potential risk to the user such as poor adhesion. Reprocessing, cleaning, disinfection, and sterilisation (sterilization) may compromise the product. This may result in odour (odor) or leakage.

Notes: The product may be cut, stretched, or stacked together to help improve fit of a pouching system. Ensure the barrier ring opening is appropriate for your stoma size. If convexity is not needed all around the stoma the ring can be cut. Contact a stoma care nurse or healthcare practitioner for help with the ostomy pouching system or skin irritation. In case of serious injury (incident) in relation to your use of the product, please contact your local distributor or manufacturer, and your local competent authority. For more information, see www.hollister.com/authority or contact EC Rep or local distributor.

1. Coderch L, Lopez O, de la Maza O, Para JL. 2003, Ceramides and skin function. Am J Clin Dermatol. 4(2):107-129. (v1.0) p. 2, 7.

Routine follow-up with your Stomal Therapy Nurse is recommended.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications, Warnings, Precautions, and Instructions. Not all products are CE marked.

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