

Adapt Barrier Rings

General Information

- Use to fill in or caulk uneven skin contours near the stoma to create a flatter surface
- Use to help prevent ostomy drainage from getting under the pouch seal
- Can be cut, stretched, or stacked together to improve the fit of your pouching system
- Outer diameter size options of 2” (thickness of 2.3 mm or 4.5 mm) or 4” (thickness of 2.3 mm) are available for your convenience

Using Adapt Barrer Rings

1. Wash and dry your skin thoroughly.
2. Remove the barrier ring from the plastic tray (Figure 1), then remove the protective coverings from both sides of the barrier ring (Figure 2).
3. Stretch and shape before applying (Figure 3). You may choose to:
 - a. Apply the barrier ring to the adhesive side of your skin barrier (Figure 4) or
 - b. Apply the barrier ring to your skin and then apply your pouching system (Figure 5)
4. Stack barrier rings if needed, for an improved fit (Figure 6).
5. To remove, gently peel away from the skin when you change your pouching system.



1 Remove from plastic tray



2 Remove both release liners



3 Stretch for an improved fit



4 Shape ring for custom fit



5 Apply ring to skin, making sure it fits where the skin and stoma meet



6 Stack for an improved fit

FREQUENTLY ASKED QUESTIONS

How do I know which size barrier ring to use – the 2” or the 4”?

Most people find the 2” ring works best to stretch or shape for a customized fit around the stoma. The 4” ring can be used as a full ostomy skin barrier or broken into smaller pieces to provide a seal around the stoma.

Why would I choose to use a 2” slim ring (2.3 mm in thickness)?

A slim barrier ring is designed to be stretched and shaped like the standard version but offers a low profile.

Is there a top or bottom to the barrier ring?

No, either side may be applied to your skin.

My stoma is not round. Can I still use the barrier rings?

Yes, Adapt barrier rings can be easily stretched and shaped for a customized fit.

I used to use paste. Are the barrier rings better than paste?

There are many advantages to using Adapt barrier rings instead of paste. For some people, barrier rings are easier to apply and remove than paste. Barrier rings are more durable and tend to be more resistant to erosion from your ostomy discharge. Most people find that the barrier rings eliminate the need for paste.

Can I use this if my skin is irritated?

Yes*, Adapt barrier rings are alcohol-free, so there is no sting from alcohol when applied to broken or irritated skin.

* Irritated skin near the stoma should be evaluated by a qualified healthcare professional, who will help determine the cause of the skin problem and how to prevent further injury.

