

Extended Wear™ Latex Male External Catheter

Introduction

This is a skills checklist for the application, and removal of the Extended Wear™ latex* male external catheter. The male external catheter (MEC) is intended to channel urine from the penis to extension tubing and urinary collection bags for adult males with urinary incontinence. The suitability of the MEC must be assessed for each patient. (See the section below entitled “Precautions” for factors to consider.)

Date Completed	Name	Employee Number	Dept.
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Criteria (<u>Refer to Instructions for Use for detailed information</u>)	Eval Method**	Completed
Selecting the Proper Size and Preparation		
1. Use the color-coded Hollister sizing guide to determine correct size needed. ¹		
2. Trim pubic hair if necessary.		
3. Wash penis with mild soap and warm water. Dry thoroughly.		
Instructions for Use		
1. Open package at perforation. The sheath (catheter) is supplied with a plastic collar, which presents the inner flap in a position for application. Pinch sheath (catheter) closed with the thumb and forefinger in the finger-cuts.		
2. Place on penis, so the tip of the glans is against the inside of the sheath (catheter), which is pinched with thumb and forefinger. The glans should protrude into the opening of inner flap, which should fit snugly on the glans to prevent backflow of urine. Do not position inner flap too far forward. Do not position the entire glans through the inner flap. If applying to an uncircumcised penis, allow the foreskin to remain in its natural position. Take care not to pinch or retract the foreskin.		
3. Slowly unroll onto the penis with as little wrinkling as possible until product is fully extended. Do not force the plastic collar onto the penis. Remove and discard the plastic collar after sheath (catheter) is in place.		
4. Seal excess material to itself by pinching it together, thus closing any leakage channels and providing a secure seal.		
5. Gently squeeze to properly seal adhesive to the skin. Do not attempt to reposition the product. To connect this product to a drainage system, refer to the instructions for use packed with that product.		
To Remove and Dispose		
6. Disconnect from the drainage system. Gently roll the sheath (catheter) forward and off the penis. If necessary, apply a warm wet compress (such as a wet washcloth) around the sheath (catheter) to help loosen the adhesive. Please follow all local disposal regulations.		

¹Sizing guides can be ordered free of charge using #908921

*precaution: this product contains natural rubber latex which may cause an allergic reaction

** Evaluation Method: (L) return demos live in class or skill lab, (O) observation in worksetting, (CR) chart review, (V) verbalizes information, (R) read only – not performed – for information, (NA) not applicable.

Reviewed by (signature) _____ .

Warnings

- Reuse of a single use product may create potential risk to the user such as poor adhesion, leakage, and skin irritation.

Precautions

- This product contains natural rubber latex which may cause allergic reactions.
- Do not use on irritated or compromised skin.
- Do not use if allergic reaction occurs.
- Ensure proper fit as instructed. If sheath (catheter) size is incorrect or leakage occurs, skin damage may occur (e.g., irritation, broken skin, rash, or redness). This may decrease wear time.
- Follow directions to remove if experiencing swelling, numbness, discomfort, pain, discoloration, or abnormal appearance.

Notes

- For good hygiene, change sheath (catheter) daily.
- To help ensure a proper adhesion, apply to clean, dry intact skin. Do not use lotions, powders, or ointments on the skin as these products may interfere with adhesion of the product.
- Contact a healthcare practitioner for help with the product or with skin irritation.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications, Warnings, Precautions and Instructions.

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