

# Care tips for your CeraPlus™ Ring

CeraPlus™ Rings are designed to help support healthy skin and provide a custom fit to help prevent leakage and peristomal skin complications. CeraPlus™ Rings are infused with ceramide. Ceramides help protect the skin's natural moisture barrier to help prevent water loss that may lead to damage and dryness¹.

## General Information

- Use to help prevent ostomy drainage from getting under the skin barrier seal
- Fill dips and creases around your stoma to help create a smooth surface and improve barrier fit
- Can be easily moulded and stretched to make a secure seal around the stoma
- Different size and thickness options available to meet individual needs

## Using CeraPlus™ Rings

1. Wash and dry your skin thoroughly
2. Remove the barrier ring from the tray (Figure 1), then remove the protective coverings from both sides of the barrier ring (Figure 2).
3. Stretch and shape before applying, if needed (Figure 3). You may choose to:
  - a. Apply the barrier ring to the adhesive side of your skin barrier (Figure 4) or
  - b. Apply the barrier ring to your skin and then apply your pouching system (Figure 5)
4. Stack barrier rings if needed, for an improved fit (Figure 6).
5. To remove, gently peel away from the skin when you change your pouching system.



Remove from tray



Remove both release liners



Stretch if needed for an improved fit



Shape ring for custom fit



Apply ring to skin, making sure it fits where the skin and stoma meet



Stack if needed for an improved fit

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# CeraPlus™ Ring FAQs

## Q. Why would I choose to use a slim ring in 2.3mm thickness?

**A.** A slim barrier ring is designed to be stretched and shaped like the standard version but offers a low profile.

## Q. Is there a top or bottom to the barrier ring?

**A.** No, either side may be applied to your skin.

## Q. My stoma is not round. Can I still use the barrier rings?

**A.** Yes, CeraPlus™ Rings can be easily stretched and shaped for a customised fit.

## Q. I used to use paste. Are the barrier rings better than paste?

**A.** There are many advantages to using CeraPlus™ Rings instead of paste. For some people, barrier rings are easier to apply and remove than paste. Barrier rings are more durable and tend to be more resistant to erosion from your ostomy discharge. Most people find that the barrier rings eliminate the need for paste.

## Q. Can I use this if my skin is irritated?

**A.** Yes\*, CeraPlus™ Rings are alcohol-free, so there is no sting from alcohol when applied to broken or irritated skin.

Code	Product	Outer Diameter	Inner Diameter	Thickness	Box Quantity
8815	CeraPlus™ Ring Slim	48mm / 2"	18mm / 7/10" (for stomas smaller than 27mm)	2.3mm	10
881527	CeraPlus™ Ring Slim	57mm	27mm (for stomas larger than 27mm)	2.3mm	10
8805	CeraPlus™ Ring Standard	48mm / 2"	48mm / 2"	4.5mm	10



### WARNINGS:

Reuse of a single use product may create potential risk to the user such as poor adhesion. Reprocessing, cleaning, disinfection, and sterilisation (sterilization) may compromise the product. This may result in odour (odor) or leakage.

Notes: The product may be cut, stretched, or stacked together to help improve fit of a pouching system. Contact a stoma care nurse or healthcare practitioner for help with the ostomy pouching system or skin irritation. In case of serious injury (incident) in relation to your use of the product, please contact your local distributor or manufacturer, and your local competent authority. For more information, see [www.hollister.com/authority](http://www.hollister.com/authority) or contact EC Rep or local distributor.

1. Coderch L, Lopez O, de la Maza O, Para JL. 2003, Ceramides and skin function. Am J Clin Dermatol. 4(2):107-129. (v1.0) p. 2, 7.

\*Irritated skin near the stoma should be evaluated by a stoma care nurse, who will help determine the cause of the skin problem and how to prevent further injury.

Prior to use, be sure to read the instructions for use for information regarding Intended Use, Contraindications, Warnings, Precautions, and Instructions for Use. Not all products are CE marked.

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