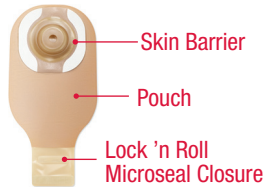


One-Piece and Two-Piece Pouching Systems

Collect Supplies

ONE-PIECE



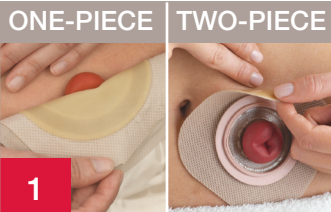
Gather pouch, disposal bag, tissue and/or cloth for cleaning, and water. Optional: scissors, pen, measuring guide, accessories.

TWO-PIECE



Gather pouch, skin barrier, disposal bag, tissue and/or cloth for cleaning, and water. Optional: scissors, pen, measuring guide, and/or accessories.

Remove Used Pouching System



Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.

Clean and Dry Skin



Clean the skin with water or with gentle soap as recommended by a healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Check Condition of Skin



Check to make sure the skin around the stoma (peristomal) is intact without irritation, rash or redness.*

The stoma will probably be swollen after surgery and may take several weeks to shrink to its permanent size.

*Contact your WOC/NSWOC nurse if you notice irritation, rash or redness

Prepare the Skin Barrier and Pouch



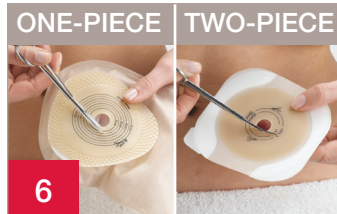
Measure the stoma using a stoma measuring guide before every barrier application (if using a pre-sized barrier opening, go to step 7).

Determine the Barrier Size



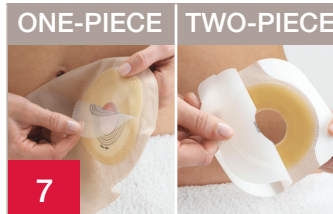
Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.

Cut the Barrier



Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner. Do not puncture the pouch.

Remove the Release Liner



Remove the release liner from the skin barrier.

Add Paste or Rings If Needed



If appropriate, apply a barrier ring or thin bead of paste around the opening on the sticky side. Be sure to follow instructions for use.

NOTE



If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch.

If desired, apply the cap provided in the box.

One-Piece and Two-Piece Pouching Systems continued

Apply the New Pouching System : One-Piece



Center the skin barrier opening over the stoma.



Apply gentle pressure to the skin barrier for about a minute for best adhesion.



For tape-bordered barriers, remove the backing paper on both sides and gently press adhesive against skin.



Close bottom of pouch. If using a drainable pouch, close the **Lock 'n Roll™** microseal closure at the bottom of the pouch or apply a pouch clamp. Refer to the *Lock 'n Roll Microseal Closure Care Tip* for more information on how to use this closure system.

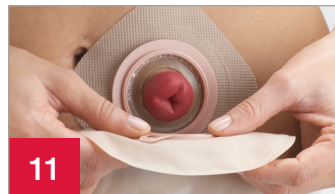
Apply the New Pouching System : Two-Piece



Center the skin barrier opening over the stoma in a diamond shape.



For tape bordered barriers, remove the backing paper on both sides and press adhesive against the skin.



Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and the skin barrier flange. Press the two flanges together. A series of “clicks” will confirm the flange is attached correctly. No more “clicks” means the pouch is secured.



Close bottom of pouch. If using a drainable pouch, close the **Lock 'n Roll™** microseal closure at the bottom of the pouch or apply a pouch clamp. Refer to the *Lock 'n Roll Microseal Closure Care Tip* for more information on how to use this closure system.

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Educational
Resources
for Patients

Skin should be clean and dry before applying the skin barrier.

WARNINGS: Reuse by reprocessing, cleaning, disinfection, and sterilisation (sterilization) may compromise the product. This may result in odour (odor) or leakage. Ensure proper fit as instructed. If the barrier opening is incorrect or leakage occurs, skin damage may occur (e.g., irritation, broken skin, rash, or redness). This may decrease wear time.

Notes: Skin barriers: To help ensure proper adhesion, apply to clean, dry intact skin. Do not use oils or lotions. These products may interfere with adhesion. Frequent removal of a Flexextend skin barrier in a short period of time (e.g., multiple times a day) may result in skin damage. Product fit is affected by many factors such as stoma construction, stoma output, skin condition, and abdominal contours.

Pouches: Excess mucus from a urostomy stoma may cause the pouch to drain slower than expected.

Contact a stoma care nurse or healthcare practitioner for help with the ostomy pouching system or skin irritation. In case of serious injury (incident) in relation to your use of the product, please contact your local distributor or manufacturer, and your local competent authority. For more information, see www.hollister.com/authority or contact EC Rep or local distributor.

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