

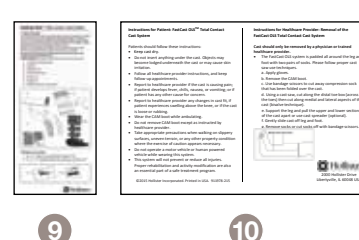


Review Instructions for Use before using the FastCast OLS system.

Convenience kit components



- 1 ToeBoggan offloading footplate
- 2 Endoform dermal template
- 3 Hydrofera Blue Ready foam
- 4 Compression sock
- 5 Padded sock
- 6 Clamshell cast
- 7 Fiberglass roll
- 8 CAM Boot
- 9 Instructions for Use
- 10 Instructions for Patient



Additional supplies needed:



- 1 Spray bottle
- 2 Bandage scissors
- 3 Scalpel
- 4 Tape
- 5 Cutting surface
- 6 Marker or pen
- 7 Water basin

1 Prepare the ToeBoggan offloading footplate



Mark the toe line two finger breadths (approximately 4 cm) back from the tip of the curve of the ToeBoggan footplate.



Place the tips of the toes at the marked toe line and mark an outline around the entire foot.



If wound is present, mark the location of the wound on the ToeBoggan footplate. Outline the wound area approximately 1cm larger than the wound to help ensure proper offloading.



Trim the ToeBoggan footplate using the foot outline as reference. Cut out wound placement area on the ToeBoggan footplate. Set aside.

2 Apply wound dressing



Apply Endoform dermal template, or other wound dressing, as appropriate at the discretion of the healthcare provider in accordance with instructions for use.



Cover with Hydrofera Blue Ready foam dressing, or other wound dressing, as appropriate at the discretion of the healthcare provider in accordance with instructions for use. Secure dressing.

3 Apply compression sock and padded sock



Apply compression sock over the entire foot extending the sock above the knee.



Ensure the toe region has sufficient space to prevent placing pressure on the toes.



Apply the padded sock over the compression sock, confirming the toes have sufficient space.



Pull the padded sock toward the knee to 2 fingers breadth (4 cm) below the tibial crest. Fold the padded sock down onto itself and back, creating 3 layers of padding for skin protection.

4 Apply ToeBoggan footplate and clamshell cast



Wear gloves and do not apply cast material over uncovered skin. Unfold the clamshell cast and all the straps keeping the clamshell cast on the foil pouch to prevent sticking. Apply ToeBoggan footplate to patient's foot, ensuring tips of the toes are at the marked toe line.

Align the ToeBoggan footplate over the foot strap centered on the foot and aligned with the arch.



Position the ankle at 90 degrees. Position the posterior portion of the clamshell cast up the back (posterior) of the calf.

Position anterior portion of the clamshell cast up and over the ToeBoggan footplate and up the anterior tibia as necessary.

Position the top cast strap slightly below the padded sock. Fold over the remaining anterior portion of the cast to clear the knee fold of excess clamshell cast, keeping a smooth interface.



Wrap the top cast strap around calf securing the anterior clamshell cast portion, and spray the casting material with lukewarm water. Secure the second strap in the same manner. Smooth the straps down.



Before securing third strap, make two 1" slits at both sides of the dorsal anterior ankle, ensuring contact with ankle and foot. Spray the third strap with water and secure.



Secure the foot strap over the arch of the patient's foot, moistening the casting material and smoothing down the straps.

The cast material around the ankles should be pulled snug and overlap, folding as needed to ensure a smooth finish around the ankle. Spray with lukewarm water until straps are secure and smooth/remove any rough areas of clamshell cast.

5 Apply fiberglass roll



Place the fiberglass roll in lukewarm water for 5-10 seconds, squeezing gently to remove excess water.

Apply fiberglass roll to the cast. Use figure 8 pattern around the ankle then spiral up to top of the cast approximately 4 cm below the tibial crest.

Toe area should be left open to allow for air flow, but can be enclosed at the discretion of the healthcare provider.



Spray bottom of the foot with lukewarm water and smooth.



Pull down the compression sock over the cast.

6 CAM Boot



Place the casted foot between the upright struts of the CAM boot.

Ensure the heel is at rear of the CAM boot.

Secure the straps of the boot starting from the toe strap, keeping the foot positioned properly.

Patient may now bear weight and immediately ambulate.

No wait to ambulate



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