



Female Urinary Pouch External Collection Device

Continence Care Tips

General Information

The Female Urinary Pouch is a cut-to-fit, vinyl, self-adhering pouch, intended to be a conduit for urine collection, via tubing, into a gravity drainage collection device. The adhesive is synthetic. The pouch is meant to be worn by non-ambulatory women, and is available with the **SoftFlex** skin barrier. The female urinary pouch may be an alternative when indwelling catheters are not an option. Do not use this product if the perineal skin is compromised, or if the patient sits in a chair, or is ambulatory.

SoftFlex Skin Barriers

Sizing the Pouch

- Measure the perineal area between the labia majora and minora side-to-side and lengthwise, from the top of the labia minora past the vaginal opening (Folding the barrier paper and holding near the perineal area may help to judge what modifications need to be made in the opening)
- Trace the dimensions of the length and diameter onto the paper backing of the Female Urinary Pouch
- Cut the opening with blunt edge scissors

Preparing the Patient

- Thoroughly wash and dry the perineal area
- Do not apply any skin prep, powder, lotion or ointment to area
- Trim excess hair on the labia and mons area
- Adhesive paste may be applied to the skin between the vaginal opening and the anus to assure a smooth surface for pouch application

Application to the Patient

- Close the capped end of the pouch
- Remove the paper backing from the adhesive side of the pouch
- With one hand, gently separate the labia majora from the minora, and with the other hand, apply the pouch adhesive side to the skin so the labia minora is centered in the opening
- Fold the adhesive barrier around the labia majora
- Hold the pouch in place by hand for about a minute (Warmth of hand and skin tissues helps activate the adhesive)
- Apply the paper tape strips to the edges of the pouch and the adjacent skin
- Uncap the pouch and attach tubing to a gravity drainage urine collector

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Frequently Asked Questions

Q: What type of drainage bag should be used?

A: Select either a bedside drainage bag or larger capacity leg bag for the immobile individual.

Q: Can a bedside drainage bag and leg bag be interchanged for day wear and night wear?

A: To minimize the risk of bacteria entering the tubing system, select just one type of collection bag and use it continuously.

Q: How do I ensure gravity drainage into the collection bag?

A: A side-lying rather than supine position for the patient will help prevent urine from pooling around the labia minora as it sits in the opening of the pouch. Ensure that the tubing or end of the pouch is not twisted, and that the drainage bag is well below the bladder level.

A catheter tubing securement device may be used to help stabilize the tubing and prevent undue tension on the pouch.

Q: When does the pouch need to be changed?

A: Remove the pouch immediately if any skin irritation is assessed while the pouch is in place or if urine is undermining the skin barrier and urine leaks from beneath the barrier.

The pouch should be changed when the inner pouch opening around the labia minora starts to “turtle neck” around the tissues. This is a sign that the barrier is absorbing maximum moisture and should be changed at once to prevent moisture accumulation between the barrier and skin.



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