Gather pouch, skin barrier, disposal bag, tissue and/or cloth for cleaning, and water. Optional: scissors, pen, measuring guide, and/or accessories.

Collect Supplies

Remove Used Pouching System

Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.

Clean and Dry Skin

Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Check Condition of Skin

Check to make sure the skin around your stoma (peristomal) is intact without irritation, rash or redness.*

*Contact your WOC/NSWOCC nurse if you notice irritation, rash or redness

Prepare the Skin Barrier and Pouch

Measure the stoma using a stoma measuring guide before every barrier application (if using a pre-sized barrier opening, go to step 7).

Add Paste or Rings If Needed

If appropriate, apply a barrier ring or thin bead of paste around the opening following the instructions for use.

Apply the New Pouching System

Center the skin barrier opening over the stoma in a diamond shape. For tape bordered barriers, remove the backing paper on both sides and press adhesive against the skin.

Apply gentle pressure to the skin barrier for about a minute for best adhesion.

Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and the skin barrier flange. Press the two flanges together. A series of “clicks” will confirm you are doing it correctly. No more “clicks” means the pouch is secured.

If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch.

If desired, apply the cap provided in the box.

OSTOMY CARE TIPS

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OSTOMY CARE TIPS

Two-Piece Pouching System

<table>
<thead>
<tr>
<th>TIPS</th>
<th>LIST OF PRODUCTS</th>
<th>STOCK NO</th>
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<tbody>
<tr>
<td>• The skin around your stoma should not show any signs of rash or sores</td>
<td>Two-Piece Pouching System</td>
<td></td>
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<tr>
<td>• Irritated skin should be evaluated by a healthcare professional</td>
<td>Skin barrier</td>
<td></td>
</tr>
<tr>
<td>• If using a barrier ring or paste, apply it to the sticky side of the skin barrier next to the stoma opening as directed</td>
<td>Pouch</td>
<td></td>
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<tr>
<td>• Your stoma will probably be swollen after surgery. It may take several weeks or months for the stoma to shrink to its permanent size</td>
<td>Accessories</td>
<td></td>
</tr>
<tr>
<td>• The stoma may bleed slightly when you clean it</td>
<td>Barrier rings</td>
<td></td>
</tr>
<tr>
<td>• The use of skin protective wipes are not recommended under extended wear skin barriers as they may decrease wear time</td>
<td>Ostomy belt</td>
<td></td>
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</tbody>
</table>

Additional Instructions

For product questions, sampling needs, or detailed clinical questions concerning our products in the US, call 1.888.808.7456. In Canada call 1.800.263.7400.

Skin should be clean and dry before applying the skin barrier.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications,Warnings, Precautions, and Instructions.

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