Gather pouch, skin barrier, scissors, pen, water, and gauze, cotton balls, or tissue.

Collect Supplies

Remove Used Pouching System

Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.

Clean and Dry Skin

Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Prepare the Skin Barrier and Pouch

Measure the stoma using a stoma measuring guide before every barrier application.

Apply the New Pouching System

Center the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.

Tips

The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC/ET Nurse or ostomy specialist

If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch.

If desired, apply the cap provided in the box.

Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and skin barrier flange. Press the two flanges together. A series of “clicks” will confirm you are doing it correctly. No more “clicks” means the pouch is secured.

Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.

Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.

Remove the release liner from the skin barrier. Set aside with adhesive facing up.

Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Center the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.

Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.
OSTOMY CARE TIPS

Pouchkins Two-Piece Pouching System

Using Accessories (As recommended by your healthcare professional)

Paste may be applied to the skin barrier before application.

Rings can be used to fill in skin areas near the stoma as a substitute for paste.

You may use stoma powder on the skin when the skin is eroded and moist.

An ostomy belt may be recommended by your nurse. The belt should be snug but not too tight, and should be worn in line with the stoma. Refer to Instructions for Use.

Additional Instructions:

---

For product questions, sampling needs, or detailed clinical questions concerning our products in the US, call 1.888.808.7456. In Canada call 1.800.263.7400.

Routine follow-up with your healthcare professional is recommended.

Prior to using any ostomy products/accessories be sure to read all product inserts and labels.